

GARDENFIELD HOLISTIC THERAPIES AND SCHOOL OF REFLEXOLOGY

Gardenfield Monagea, Newcastle West Co Limerick

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School Principal: Susan Harnett

REFLEXOLOGY PRACTITIONER DIPLOMA COURSE 2027/2028

COURSE DETAILS

The syllabus is compiled of the following seven modules covering a minimum of 150 tutorial hours over a period of 12 months. Tutorials will take place 1 weekend per month Saturday & Sunday 9.30am to 4.30pm. In line with government guidelines regarding Covid 19 restrictions or similar being enforced during the academic year, class will be moved to online, and it is the responsibility of each student to have a sufficient internet connection.

Modules

1. Anatomy & Physiology
2. Reflexology Practical & Theory
3. Therapeutics
4. Clinical Training / Case Studies
5. Personal growth & development of the practitioner
6. Research
7. Code of Practice and Ethics

The above modules may be taught in conjunction with others and not in the specific order listed above.

As part of the course, you will be required to complete 60 case study treatments these must be completed by each student prior to your exam. The case studies will be done outside of tutorial hours and each student is responsible for finding suitable candidates for the case studies.

There is an element of home study required throughout this course. This is time outside of class tutorials so it is important to factor this in.

Costs:

Course fee:	€2500 (including deposit)
Examination fee:	€150
Deposit required:	€250

Terms and conditions:

Deposits are strictly non-refundable and non-transferable. Once the course has begun, we do not offer refunds or transfer of paid fees. If a student decides to resign from the course at any time, all monies due will need to be paid.

If the school needs to defer the course in the unlikely event that minimum numbers are not acquired, then the deposit will be returned in full to the student.

An easy payment plan of €250 deposit followed by payment of €187.50 on the 1st of each month for the 12 months of the course is available (first payment due on the first weekend of class). The exam fee of €150 will be payable by September 11th 2027.

Equipment / Materials Required for Training

- **Practical**
    - **1 small throw**
    - **1 large towel**
    - **2 pillows**
    - **Baby wipes**
    - **Small foldable table**
    - **A lafuma chair or plinth will be required for case studies (these will begin in March 2027)**
- **Theory**
    - **Note pad, pens, highlighters, 1 pack of dividers, clipboard, markers or colouring pencils**

The classes will be held in Monagea Newcastle West Co Limerick.